

Tuba Warm-Ups (for F Tuba)

Revised 2014

Please Note: These Warm-ups are not of my creation, but instead are a compilation of ideas from various tuba players I have encountered over the years. I have put them into an order that makes the most sense to me. Warm-ups should be introduced as soon as the player can maintain the tone, and should be the most important thing done daily.

The 5 minute "Level 1" warm-up

Various Authors

Focus on Breathing, Consistent Tone



The 10 minute "Level 2" warm-up

(add these to the Level 1 warm-up)

Focus on Embouchure Control

6 

7 

8 

9 

10 

11 

12 

13 

14 

The 20 minute "Level 3" warm-up

(add these to the Level 1 and 2 warm-up)

Focus on Pitch Accuracy

completely remove lip from mouthpiece between measures



completely remove lip from mouthpiece between measures



completely remove lip from mouthpiece between measures



completely remove lip from mouthpiece between measures



Continue through 1, 12, 23, 4 (13), 24 (123)



Continue through 1, 12, 23, 4 (13), 24 (123)

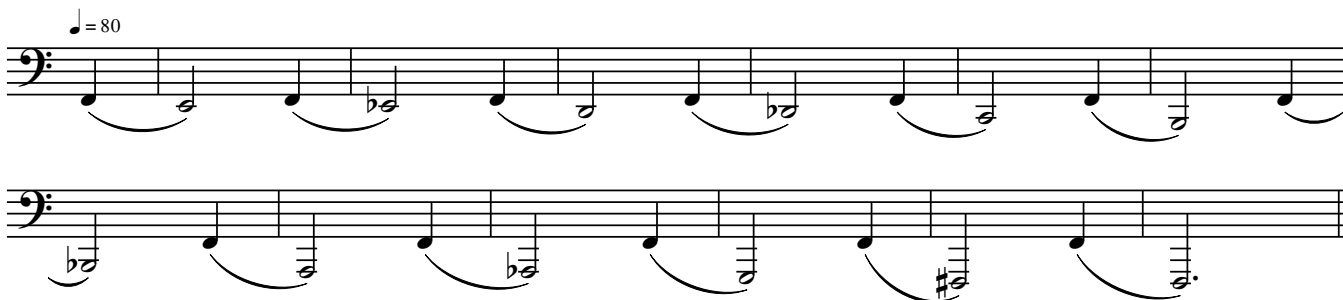
The 35 minute "Level 4" warm-up

(add these to the Level 1 -3 warm-up)

Focus on Range Extension

23

$\text{♩} = 80$



24

$\text{♩} = 80$



25

$\text{♩} = 80$



25
continued

As fast as possible, cleanly

Continue through 2, 1, 12, 23, 4 (13), 24 (123)

26

The 50 minute "Level 5" warm-up

(add these to the Level 1 - 4 warm-up)

From this point forward, all as fast as possible to perform cleanly and evenly

Advanced Techniques and Control

27 *Continue through 2, 1, 12, 23, 4 (13), 24 (123)*

28 *Continue through 2, 1, 12, 23, 4 (13), 24 (123)*

29 *Continue through 2, 1, 12, 23, 4 (13), 24 (123)*

30 *Continue through 2, 1, 12, 23, 4 (13), 24 (123)*

31 *Continue through 2, 1, 12, 23, 4 (13), 24 (123)*

32 *Continue through 2, 1, 12, 23, 4 (13), 24 (123)*

33 *Continue through 2, 1, 12, 23, 4 (13), 24 (123)*

34 *Continue through 1, 12, 23, 4 (13), 24 (123)*

The 60 minute "Level 6" warm-up

(add these to the Level 1 - 5 warm-up)

Professional Level Exercises

continue down chromatically
as low as possible



Continue through 1, 12, 23, 4 (13), 24 (123)



Double Tonguing



Work in various other scales as well



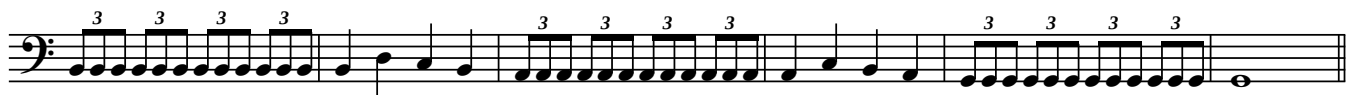
Double Tonguing



Work in various other scales as well



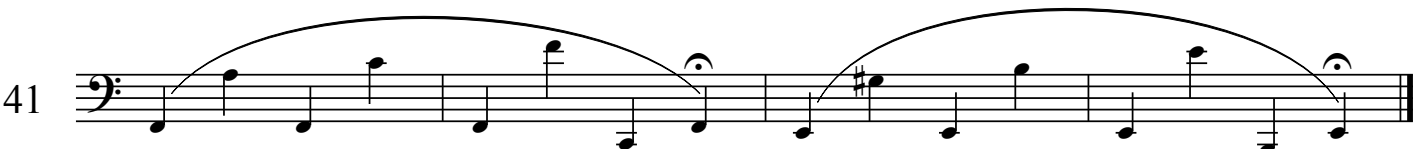
Triple Tonguing



Work in various other scales as well



8^{vb} (Pedal Tones)



continue down chromatically
as low as possible

Any additional warm-up activities should be musician-specific

For more ideas, suggestions, and useful information, please visit www.blostein.net